

TWIN RIVERS TSHAJ TAWM KHOOM NOJ

Hmong



Tsev Kawm Ntawv Qib Siab Highlands
6601 Guthrie St., North Highlands, CA 95660
Chaw Nres Tsheb Ntawm lub Tsev S (sab nraum zoov Don Julio Blvd.)

Twin Rivers Unified Lub Tsev Kawm Ntawv Hauv Xeev tau ua kev muab khoom noj PUB DAWB rau cov neeg tswv cuab nyob hauv zos uas tseem txom nyem tau pab los ntawm lub Txhab Ceev Khoom Noj Sacramento thiab Cov Kev Pab Cuam Rau Tsev Neeg.

Cov neeg uas tsim nyog los koom rau ces yuav mus ib kauj ruam saum ntej thiab xaiv cov khoom noj.

Kuv yuav tau nqa dab tsi?

Thov nqa cov hnab los sis ib luv tawb kom thiaj yooj yim rau koj mus xaiv thiab nqa koj cov khoom noj.

2023	Nyiaj khwv tau	Cov lus qhia
Tsev Neeg Peg Tsawg Tus Neeg	Thxua Xyoo	Txhua hli
1	\$34,263	\$2,855.25
2	\$46,342	\$3,861.83
3	\$58,421	\$4,868.42
4	\$70,500	\$5,875
Kev txhab ntxiv cov tswv cuab	<i>Txhab \$12,079 rau ib tus</i>	<i>txhab \$1,006.59 rau ib tus</i>

Kuv puas tsim nyog rau? Xav kom tsim nrog rau, ces koj yuav tsum ua raws cov kev cai txog koj qhov nyiaj khwv tau txhua hli

Kuv yuav taum txais hom khoom dab tsi?

Koj yuav tuaj yeem xaiv ntau yam khoom noj xws li cov khoom nwm qhuav ua tshiab, txhuv, protein, kua mis, cov khoom noj uas tsis yooj yim tsw dej thiab noj kiag. Cov neeg sib koom nrog yuav tau txais khoom noj muaj txog li 30 phaus.

Kuv nyiam mus muab, kuv yuav sau npe dab tsi rau?

Mus tso npe, ces cia li mus saib tom peb qhov chaw tshaj tawm ces sau koj tsev neeg cov ntaub ntawv xwm txheej rau ces xa mus rau hauv peb pawg hauj lwm saum online. Nqa koj daim ID thiab thiaj li pab tau rau peb ua tau sai tshaj rau koj.



HNUB & SIJ HAWM YUAV TXOG 4:00 PM-5:30 PM
(2nd thiab 4th Hnub Thursday hauv lub hli)

Hli ib 11 & 25, 2024	Hli ob 8 & 22, 2024	Hli peb 14 & 28, 2024	Hli plaub 11 & 25, 2024	Hli tsib 9 & 23, 2024	Hli rau 13 & 27, 2024
Hli xya 11 & 25, 2024	Hli yim 8 & 22, 2024	Hli cuaj 12 & 26, 2024	Hli kaum 10 & 24, 2024	Hli kaum ib 14, 2024 & TBD	Hli kaum ob 12, 2024 & TBD

Xav paub ntau xwm txheej ntxiv:

Twin Rivers Tsev Neeg thiab Zej Zos Kev Sib Koom Nrog (FACE)
Website: <https://www.trusd.net/FACE>
Hu Ncaj Qha Rau Tus Xov Tooj: (916) 566-1788



Ntawm no yog lub koom haum muab cib fim vaj huam sib luag



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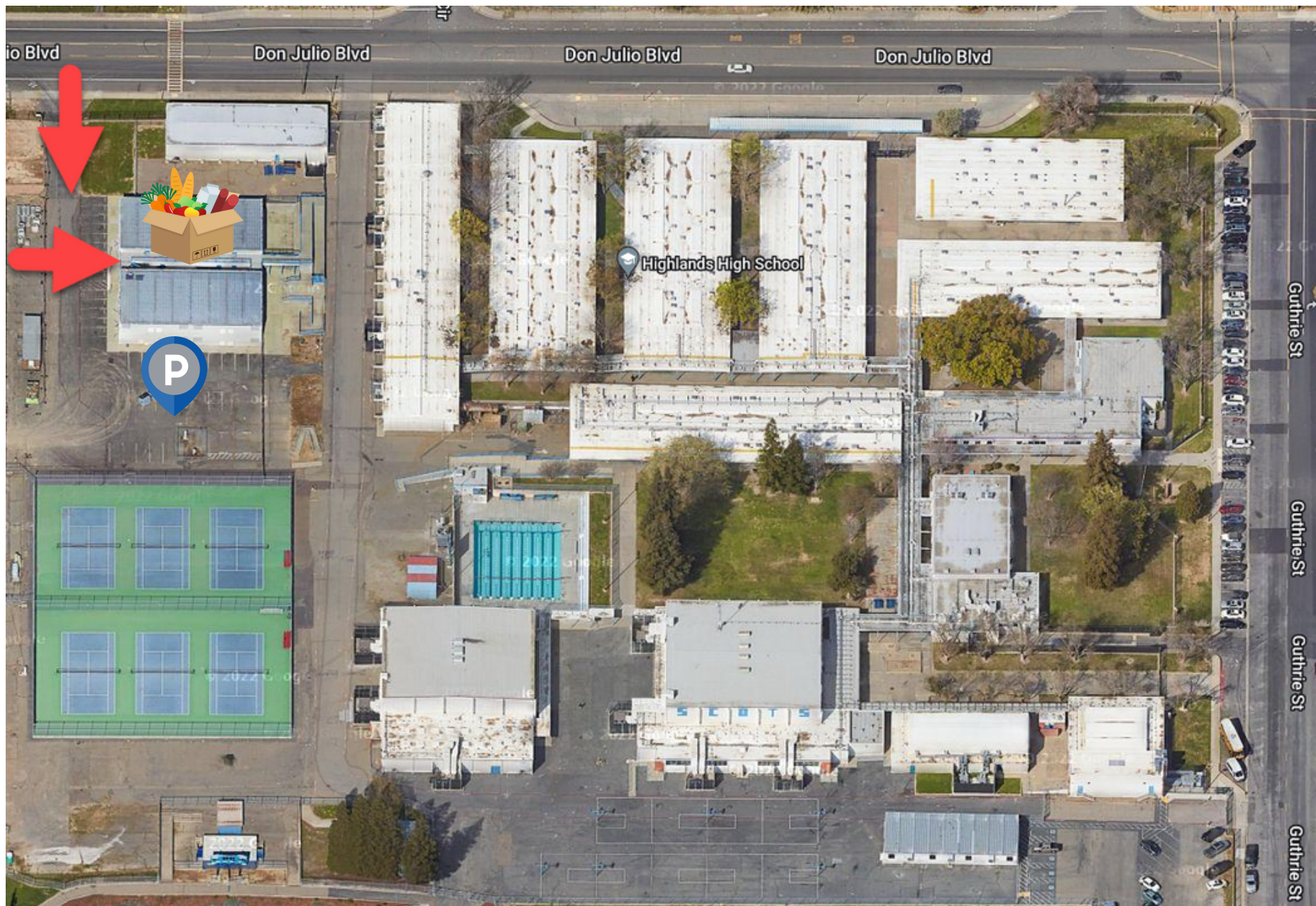
HNUB & SIJ HAWM YUAV TXOG

4:00 PM-5:30 PM

(Hnub tim 2 thiab 4 Hnub Thursday ntawm lub hli)

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Ib hlis 11 & 25, 2024	Ob hlis 8 & 22, 2024	Peb hlis 14 & 28, 2024
Plaub hlis 11 & 25, 2024	Tsib hlis 9 & 23, 2024	Rau hlis 13 & 27, 2024
Xya hlis 11 & 25, 2024	Yim hlis 8 & 22, 2024	Cauj hlis 12 & 26, 2024
Kaum hlis 10 & 24, 2024	Kaum ib hlis 14, 2024 & TBD	Kaum ob hlis 12 2024 & TBD



Cov Qhov Chaw Ua Kev Tshaj Tawm Khoom Noj Hauv Zos Twin Rivers

Rov hais qhia dua: Hu rau 2-1-1 los sis (916) 456-1980 xav paub ntaub ntawv ntxiv.

Cov sij hawj tej zaum yuav raug hloov pauv, thov hu xov tooj tuaj nug kom paub zoo txog sij hawm muab.

Christian Fellowship Ministry 3410 Rio Linda Blvd. Sacramento, CA 95838 Xov tooj: (916) 567-1264	Elica Health Center 5735 Watt Ave. North Highlands, CA 95660 Xov tooj: (279) 675-6542	Feeding God's Children 5808 Watt Ave. North Highlands, CA 95660 Xov tooj: (916) 803-5233	Joey's Food Locker 3301 Fong Ranch Rd. Sacramento, CA 95834 Xov tooj: (916) 870-1659
Lord Sabaoth Ministries 3607 Bolivar Ave. North Highlands, CA 95660 Xov tooj: (916) 425-6016	Manna Food Bank 4840 Marysville Blvd. Sacramento, CA 95838 Xov tooj: (916) 922-6442	Murph-Emmanuel AME 4151 Don Julio Blvd. Sacramento, CA 95660 Xov tooj: (916) 332-7749	Potter's House 2994 Del Paso Blvd. Sacramento, CA 95815 Xov tooj: (916) 923-6142
Purpose and Legacy 5314 Walnut Ave. Sacramento, CA 95841 Xov tooj: (916) 200-2989	Redeemed Christian Church of God 548 Display Way. Sacramento, CA 95838 Xov tooj: (916) 912-7139	St. Paul COGIC 2771 Grove Ave. Sacramento, CA 95815 Xov tooj: (916) 869-1899	South Natomas Community Center 2921 Truxel Rd. Sacramento, CA 95833 Xov tooj: (916) 808- 1571
Victory Life Bible Church 5697 Hillsdale Blvd, Sacramento CA 95843 Xov tooj: (916) 291-0384	Zion Church in Jesus Christ 3723 Altos Ave. Sacramento, CA 95838 Xov tooj: (916) 927-4006	Mus saib https://bit.ly/SFBFS-FindFood los mus nrhiav sij hawm ua hauj lwm ntawm cov qhov chaw tshaj tawm hauv zos no	

Xav paub ntau xwm txheej ntxiv:

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